

BAND CAMP

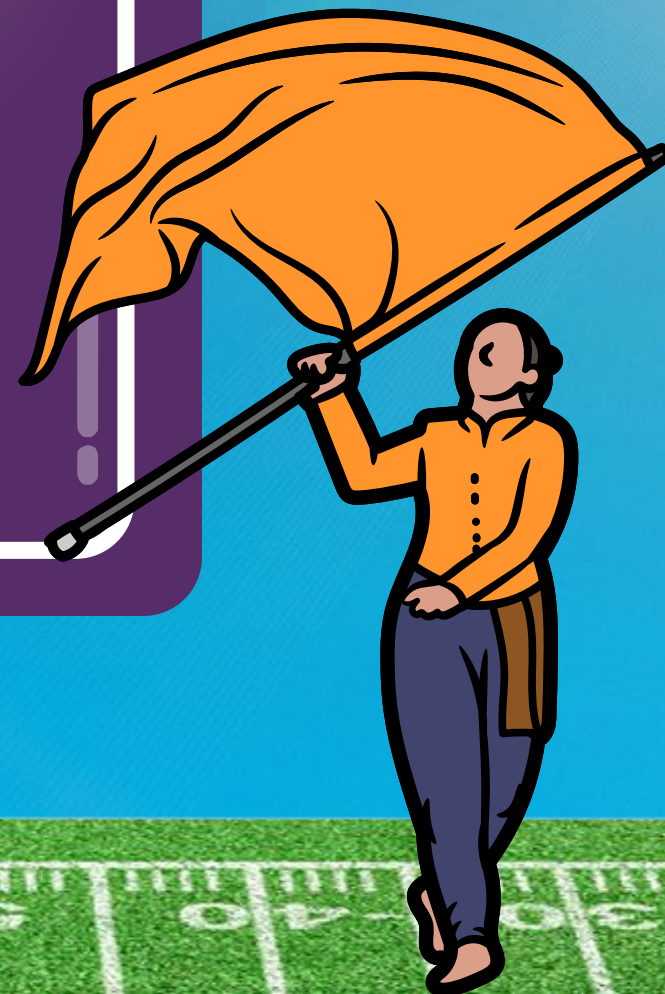
A HOW TO GUIDE

July 8th-10th - 9am-12pm

July 14th-17th - 9am-5pm (bring own lunch)

** Parent meeting on 7/15 frpm 6pm-7pm**

July 21st -24th - 1pm-9pm (dinner provided)



IT'S BAND CAMP TIME!

Band camp is almost here - learn how to prepare for & be successful during the 3 weeks of technique and band camp with the Purple Regiment!



COME PREPARED

Start drinking water NOW!
Don't wait until the first day of
camp to hydrate your body.

Wear comfortable sneakers or
running shoes - NO flat soled
shoes - don't show up in your
best pair of Jordans or Vans.

Bring sunscreen & a hat! You
need to protect yourself from
the sun and the heat!



FACE YOUR FEARS

You will be learning SO many new skills & concepts - some of which will be difficult (at first)! You will be surrounded with others who have been in your shoes & they will be supporting you every step of the way!



STAY POSITIVE

Embrace a positive mindset. Remember that new experiences can be exciting, and setbacks are just a part of the learning process.





SPIRIT DAYS

Band Camp Week #2

Monday = Patriotic / U.S.A Day

Tuesday = Character Day

Wednesday = Hawai'i Day

Thursday = Section Color Day

Band camp is way more fun when you participate in the silly & themed spirit days! Here is a schedule of the days - we'll take lots of pictures!

WHAT TO WEAR

We will be marching,
running, and SWEATING!

Please wear LIGHT
colored clothing!

Shorts & t-shirts are a
must.

NO JEANS!!





EMBRACE CHALLENGES

Push yourself to try activities that may seem challenging at first. With practice, you'll gain confidence and develop new skills.

BE A GOOD HUMAN

Show kindness to others. Offer a helping hand, share your knowledge, and be inclusive. Acts of kindness create a positive band camp experience for all.





BELIEVE IN YOURSELF

Have faith in your abilities
- we do! You are capable
of handling challenges
and enjoying new
experiences. Believe in
yourself and know you will
be able to do it!

STAY HYDRATED

Your water intake will increase so much during band camp!

A water bottle from the gas station just won't be enough!

We recommend a 1-gallon water jug (or at least 32oz).



WHAT TO BRING - RECAP

- Light-colored clothing (short sleeves & shorts)
- Water jug - 1 bottle of water won't do
- Sunscreen (needed) & Bug Spray (recommended)
- Hat/Visor and sunglasses
- Tennis Shoes - ones that can be messed up & support your feet
- Optional: baby powder, towel, face wipes, extra clothes, small bookbag, snacks

Q & A

What questions do you have about band camp? You can message staff or the Leadership team!

