

FALL CLINIC & NAFO EXHIBITION ITINERARY

SATURDAY, SEPTEMBER 14TH

8:00 am	Stretch & Music Warmup
9:00 am	Mr. Bellamy arrives, Full run of the show, work with Mr. Bellamy
10:30 am	Snack Break
10:45 am	Continue working on the show
12:00 pm	Lunch
1:00 pm	Rehearsal continues
2:15 pm	Wrap up
2:30 pm	Load truck and change into uniforms
3:15 pm	Roll Call
3:30 pm	Depart NHS
4:00 pm	Arrive at Nation Ford, park, unload truck,
5:00 pm	Warmup
5:30 pm	Move to stadium
5:45 pm	Performance
6:00 pm	Return to buses and load equipment
6:30 pm	Depart Nation Ford
7:00 pm	ETA at NHS – Change out of uniforms and hang them up on the correct rack